



FALL PROGRAMS  
813.969.3878

SEPTEMBER 2011

### SUCCESS STORIES



"As a mother who was at the end of her tether, I say from the bottom of my heart, THANK YOU.

I feel such a sense of relief having someone as brilliant as yourself help us figure all of this 'stuff' out."

- Tampa Parent



CONNECT WITH US

Greetings!

Welcome to the Rice Psychology Group's update on our Fall Programs! This newsletter includes information about group therapy and Brain Train.



But first, we wanted to introduce you to Milo, our new therapy dog extraordinaire (in-training)! Milo is an English Goldendoodle puppy. He will be at Kids and Canines during the day and at the office in the afternoons and evenings. He can't wait to meet everyone.

### GROUPS

New at Rice Psychology this year - Groups!!!! Group therapy can be beneficial in lieu of or in addition to other types of treatment, and is a therapeutic approach that allows for more social communication and social skill building. We have 3 groups beginning the week of September 19, 2011. Each group will meet weekly for 12 consecutive weeks. The cost is \$60 per



### IN THE NEWS



session (Total - \$720 Payable in 3 installments of \$240).

**TOOL TIME:** Tuesdays 3:00-4:00 beginning September 20th  
"Tool Time" is a small, structured group to help preschool and kindergarten children fill their social-emotional toolboxes with tools/skills to help them navigate daily life and interactions with family and friends. Topics include friendship, feelings, sharing, relaxation, and kindness.

**SOCIAL STATIONS:** Tuesdays 4:30-5:30 beginning September 20th

All aboard...it is time for a socialization ride! "Social Stations" is a small, structured group for 3rd, 4th, and 5th graders designed to provide children with the strategies and tools necessary for positive social skills. Station stops will help children overcome daily challenges and social situations through games, social stories, play, peer interactions, role playing, and visual strategies.

**REFLECTIONS:** Wednesdays 5:00-6:00 beginning September 19th

"Reflections" is a small, structured group for middle school girls struggling with the increased social and emotional demands of adolescence. Using activities and discussions, this group will address self-concept, body image, and relationships with friends and family.

### FALL 2011 - AFTER SCHOOL BRAIN TRAIN

**What:** Proven individualized computer-based cognitive training to improve attention and focus, self-control and patience, working memory, following directions, processing speed, tolerance for frustration, conceptual reasoning and executive functioning. We individualize programs to meet specific needs.

This is NOT tutoring. Cognitive training helps build the foundation skills that get kids ready to learn!

Help your child get the most out of school this year!!

Can be used with or instead of medication - with no side effects!

**Who:** Ages 7-18  
(special sessions available for adults and seniors)

## HELPFUL LINKS

[Home Page](#)

[Our Services](#)

[Meet Our Team](#)



Phone: 813-969-3878

Fax: 813-969-3887

[For Directions](#)

3802 Ehrlich Road  
Suite 309  
Tampa, FL 33624

Hours:

Monday through Thursday:  
8:30am - 8:00pm

Friday:

9:00am - 5:00pm

Weekends:

Call for Availability

- Individuals with difficulties in the areas of attention, self-control/impulsivity, working memory, processing speed and conceptual reasoning, with or without ADHD
- High school students who want to improve memory and speed on college entrance exams

Dates/Times: September 12 - November 15th  
Classes are 2x per week on either

Mon-Wed from 3:00-4:15pm; 4:30-5:45pm; 6:00-7:15pm or

Tue-Thu from 3:00-4:15pm or 4:30-5:45pm

Program Includes:

- Intake / pre-testing / registration fee
- 20 hours of monitored and assisted office training sessions
- Ongoing program adjustments
- Post-testing
- Phone feedback and planning conference to discuss further recommendations
- Written summary of results

Payment Schedule:

	<u>Group</u> (max of 5 people)	<u>Individual</u> (1 on 1)
Pre-testing - (as scheduled)	\$200	\$200
Due Day 1	\$600	\$850
After 10 Hours	\$600	\$850

Please call us or check out our website. We would be glad to talk with you to see if we have a program or a service that would be right for you or a loved one.

We are also available to speak at your school, temple, church or community organization. We present on a range of topics and will gladly customize a presentation.

Wendy B. Rice, Psy.D.  
President and Founder of Rice Psychology Group

## Rice Psychology Group

### About Us

*Rice Psychology Group is a Tampa-based private practice that offers diagnostic interviews, testing and assessment, psychotherapy, cognitive training and services to enable better attention, memory and organization. The group was founded by Dr. Wendy Rice who opened her private practice in Tampa in 2001. With five psychologists and therapists on staff, Rice Psychology Group is dedicated to providing highly personalized and compassionate care in an environment that is both professional and relaxed.*

*Rice Psychology Group offers consultations and diagnostic interviews that serve as the first step in examining your concerns, determining a diagnosis, and forming a plan of action. We also offer testing and assessments that evaluate a client's neuropsychological functioning, identify strengths and weaknesses, and guide treatment recommendations. Based on the outcome of the diagnostic interviews and/or testing and assessments, we provide individual therapy and counseling for families utilizing a variety of therapeutic approaches to address depression, anxiety, ADD/ADHD and many other diagnoses and mental health issues.*

*The practice also specializes in Cognitive Training and improving Attention, Memory and Organization. Using Brain Train software and counseling, Rice Psychology Group works with clients to improve their brain fitness and mental functioning (the foundations for learning), enabling them to think effectively, focus better and remember more. Brain Train is an ALTERNATIVE TO MEDICATION with NO SIDE EFFECTS!*

*Rice Psychology Group sees clients of all ages, including children, adolescents, adults and seniors. They can be reached via email at [info@RicePsychology.com](mailto:info@RicePsychology.com), by phone at 813-969-3878, or online at [www.RicePsychology.com](http://www.RicePsychology.com).*

