



## November 2013 Newsletter

Greetings!

Can you believe it is already November? Since we are in Florida, the leaves are still green and the temperature and humidity have finally made it feel like fall. I can't wait to use my fireplace again!

We have been busy with lots of psycho-educational testing, helping our school-aged clients manage academics, families, personal challenges and their social lives. We have created a very comfortable space for our adult clients as they work through daily stressors, traumas, and eating disorders (certainly not an exhaustive list).

This month, we are launching a new series in our newsletters. We will now include a video called "Debunking Myths" to begin to chip away at the stigma of mental health challenges and to set the record straight on a range of topics. We hope you will watch them. We promise to keep them to about 2 minutes or less. Your time is very valuable! This round we are highlighting Dyslexia.

During this month of Thanksgiving, we give thanks for our clients and want to honor them for the courage it takes to reach out for help with social, emotional, behavioral or learning problems. We know taking the first step is often the hardest.

*Wendy*



***Debunking Myths***



## Dr. Wendy Rice Debunks Myths of Dyslexia

Rethinking Dyslexia

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### Recent Events

It has been a great month for members of the Rice Psychology Team. Dr. Rice was honored to be the panel expert following the "The Big Picture: Rethinking Dyslexia", which was presented in Tampa October 10, 2013 as part of a national campaign sponsored by Learning Ally, Decoding Dyslexia and Yale Center for Dyslexia & Creativity. For more information, see <https://www.facebook.com/DecodingDyslexiaFL>

Last Thursday, November 7th, 2013, Dr. Rice presented to about 50 people attending the Florida Council for Independent Schools ([www.fcis.org](http://www.fcis.org)) conference in Orlando. She offered strategies and accommodations for students with ADHD, SLD, Anxiety and Depression in private school settings. The video of this presentation will soon be available on our website.



Dr. Melissa DeGeso-Jones was interviewed for an A&E Biography documentary about the Valessa Robinson murder case in Tampa several years ago. Her expertise in trauma was sought out in a discussion about the psychological components of how a young girl murders her mother.

Dr. DeGeso-Jones also attended "Saving Our Innocence", a human trafficking educational forum that was hosted by the Alpha Kappa Alpha sorority at Blake High School. The information presented eye-opening facts about the human trafficking industry including the following:

- Human Trafficking is a 32 billion dollar per year industry.
- Florida is one of the top three human trafficking destinations in the US - Tampa Bay is a human trafficking hub.

- The average age of entry into commercial sex slavery in the US is 13 years old; 70% are in and out of foster care and 30% come from stable households
- Most of the children have no idea that they are being "recruited" with many being targeted and groomed unknowingly through social media sites

We will include more information on these important topics in future newsletters



### About Rice Psychology Group:



*We offer a down-to-earth culture with proven, practical solutions to maximize potential and improve overall quality of living.*

Since 2001, Dr. Wendy Rice and the Psychologists at RPG have been providing assessment and treatment to children, adolescents and adults.

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