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NOVEMBER 2011

SUCCESS STORIES



"You played the critical role of identifying her ADD, and she has really turned her grades, and most importantly, her self esteem around. I want to thank you from the bottom of my heart. I am so grateful for you!"

- Parents of a college freshman

Greetings!

Welcome to the Rice Psychology Group's November newsletter! With Fall arriving in Tampa and both long sleeves and first quarter grades finally coming out, we wanted to give you an update about "happenings" at Rice Psychology Group.

Please call us or check out our [website](#). We would be glad to talk with you to see if we have a program or a service that would be right for you or a loved one.

We are also available to speak at your school, temple, church or community organization. We present on a range of topics and will gladly customize a presentation



CONNECT WITH US

EVALUATIONS

New for Fall, we are offering more affordable options for those in need of psychoeducational testing (often used to aid in obtaining accommodations for school and college entrance exams).

To learn more about these new evaluation options, [click here](#).



IN THE NEWS



GROUPS

After a busy summer of Brain Train and getting everyone ready to return to school, we have implemented some new programs.

Social Stations, our social skills group for elementary school students led by Dr. Danielle Budash is off to a fantastic start. Participants are learning how to initiate and respond appropriately to social situations as well as how to engage in positive social interactions.

For youngsters in Pre-K or Kindergarten, Dr. Budash is offering "Tool Time," a structured group for learning and practicing social skills and emotional regulation.

Dr. Megan Sutsko is leading both a middle school and a high school "Reflections" group for girls. Topics for these groups include self-image, healthy relationships, and social skills.

We will continue to offer groups for children and teens at affordable prices throughout the year. Please contact Christine or any of the psychologists at the office for more information.

BRAIN TRAIN

And of course, we are continuing to offer BRAIN TRAIN to effectively build attention, self-control, memory and processing speed. The scheduling is flexible, with both in-office and at-home programs and a more affordable fee structure. If you know of a child or adult who struggles with remembering things, staying organized, paying attention and completing tasks, Brain Train is for them!

ADHD IN THE NEWS AND AT RPG

Dr. Rice and Dr. Long will both be attending the 23rd CHADD International Conference on ADHD, *Creating Better Tomorrows*, on November 10-12, 2011 at Walt Disney World. We will be gathering a great deal of information about diagnosis, traditional and alternative treatments. Stay tuned for our reviews and highlights from the conference.

The American Academy of Pediatrics (AAP) has released new clinical guidelines for the diagnosis, evaluation and treatment of Attention Deficit/Hyperactivity Disorder in children and adolescents. These new guidelines extend the age range to



HELPFUL LINKS

[Home Page](#)

[Our Services](#)

[Meet Our Team](#)



Phone: 813-969-3878

Fax: 813-969-3887

[For Directions](#)

3802 Ehrlich Road

Suite 309

Tampa, FL 33624

Hours:

Monday through Thursday:

8:30am - 8:00pm

Friday:

9:00am - 5:00pm

Weekends:

Call for Availability

include children as young as 4 years of age, stress the importance of early diagnosis and intervention, as well as the need to recognize ADHD as a "chronic condition" that often requires long-term management.

At Rice Psychology Group, we are able to evaluate, diagnose and treat the range of problems associated with ADHD. We understand how challenging and stressful it can be to parent one or more children who have problems with attention, self-control, completing homework and generally following everyday directions. We can help using behavioral therapy, parent training, and working memory training. Our relationships with most local pediatricians and psychiatrists help facilitate coordinated treatment. Please contact us for more information and to schedule an appointment.

New in Tampa - monthly support group for parents of children with ADHD. For more information, please contact Norrine at Norrine@norrinerussell.com or 813-508-2367.

[THE INTERNATIONAL ASSOCIATION OF EATING DISORDER PROFESSIONALS \(iaedp\)](#)

Rice Psychology Group's Dr. Megan Sutsko has joined iaedp to help in the fight against eating disorders. In the United States, more than 10 million females and 1 million males are fighting a life and death battle with an eating disorder such as anorexia, bulimia and binge eating disorder. Since 1985, iaedp has been dedicated to excellence in the education, training, and certification of eating disorders treatment professionals!

On Saturday, December 3rd, 2011, all chapters of iaedp will be hosting "A Winter Celebration of Life" to support and fundraise for education and awareness of eating disorders. This will be an entertaining evening filled with food, friendship, a movie screening and "Fun-Raising" across the nation. Please contact Dr. Sutsko at Rice Psychology Group or contact Kourtney at 727.449.0300 or by email iaedp.tampabay@live.com for more information.

Remember to "Fall Back and Fix" your clocks Sunday, November 6th. Enjoy that extra hour!

Warmly,

Wendy

Wendy B. Rice, Psy.D.

Rice Psychology Group

About Us

Rice Psychology Group is a Tampa-based private practice founded by Dr. Wendy Rice, Licensed Psychologist, who opened her private practice in Tampa in 2001. With five psychologists and therapists on staff, Rice Psychology Group is dedicated to providing highly personalized and compassionate care in an environment that is both professional and relaxed.

Rice Psychology Group offers consultations and diagnostic interviews that serve as the first step in examining your concerns, determining a diagnosis, and forming a plan of action. We also offer testing and assessments that evaluate a client's neuropsychological functioning, identify strengths and weaknesses, and guide treatment recommendations. Based on the outcome of the diagnostic interviews and/or testing and assessments, we provide individual therapy and counseling for families utilizing a variety of therapeutic approaches to address depression, anxiety, ADD/ADHD and many other diagnoses and mental health issues.

The practice also specializes in Cognitive Training and improving Attention, Memory and Organization. Using Brain Train software and counseling, Rice Psychology Group works with clients to improve their brain fitness and mental functioning (the foundations for learning), enabling them to think effectively, focus better and remember more. Brain Train is an ALTERNATIVE TO MEDICATION with NO SIDE EFFECTS!

Rice Psychology Group sees clients of all ages, including children, adolescents, adults and seniors. They can be reached via email at info@RicePsychology.com, by phone at 813-969-3878, or online at www.RicePsychology.com.



Try it FREE today.