



March 2013

### ***RPG in the News***

**What have Dr. Rice and her team been up to lately?**



#### **Dr. Rice and her team have been busy lately!**

On Thursday, February 21st, the entire Rice Psychology staff attended the Friends of Tampa Day School event at the Rusty Pelican promoting the book, *Smart but Scattered* by author Peg Dawson. Her writing is hailed as "the revolutionary Executive Skills approach to helping kids reach their potential". Dr. Dawson's talk detailed the difficulties encountered by children with executive dysfunction and outlined user-friendly ways to assist in the recognition of strengths and weaknesses as well as the best ways to help kids develop and compensate for executive function dysfunction. *Smart but Scattered* and *Smart but Scattered Teens* are highly recommended by the doctors at Rice Psychology

In other news, Dr. Rice has met with a number of Bay Area pediatricians to reconnect and share information on new programs available at the Rice Psychology group such as our fantastic summer schedule. This continuing interaction between local pediatricians and RPG psychologists ensures the best continuity of care and the greatest opportunities for both mental and physical health.

#### **Coming up...**

**Dr. Rice will be leading a Tikvah Talk!**

Do you or a loved one have a difficult time paying attention in class, meetings or when reading? Perhaps a family member is forgetful or absentminded and you know that "elder-age-related-problems" are not the cause? Are you or your child plagued by disorganization and constant messes? If so, Dr. Wendy Rice from Rice Psychology Group (RPG) will share with you some amazing and easy to understand research and personal experiences about how we can retrain our brains to build attention, memory and organization.

When: Thursday, April 25th at 7:00pm

Where: Maureen and Douglas Cohn Jewish Community Campus  
13009 Community Campus Drive, Tampa, Florida 33625

RSVP with email address and phone number to Lydia Abrams at [lydiaa@tjfs.org](mailto:lydiaa@tjfs.org)

[April Tikvah Talk Newsletter](#)

Dr. Lacy Hiltbrand, Licensed Psychologist and expert in parenting and young children's development, will be hosting a **FREE GROUP** for parents with children ages 2-6!

Understand you little ones better so they **behave better at home and in public**  
Learn easy to implement parenting strategies to **head off temper tantrums**  
**Network** with other like-minded parents - **you are not alone!**

Meetings will take place April 9th and 16th in our South Tampa location and will run from 6:30-7:30pm. Childcare will not be provided. Please RSVP by emailing [DrHiltbrand@RicePsychology.com](mailto:DrHiltbrand@RicePsychology.com) or calling (813) 969-3878.

You can read more about the group by clicking [here](#).

**Check out our new referral program:**

A new referral program has just begun at Rice Psychology where current clients can refer someone to our offices, and both parties get \$25 off their next appointment. You may pick up a referral card in any of our offices, or can print out the image below and pass it along to your friends.

**PATIENT REFERRAL CARD** **SAVE \$25**

**Rice**  
PSYCHOLOGY  
GROUP

Get a \$25 credit for every new patient you refer. Plus the new patient saves \$25 on their 1st visit. Fill out this card and ask your friend to present this card during their visit.  
\* Confidentiality and all HIPPA laws will be upheld.

\_\_\_\_\_

Referring Name

\_\_\_\_\_

New Patient Name

Phone: 813.969.3878 | Fax: 813.969.3887 | [www.ricepsychology.com](http://www.ricepsychology.com)

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## New Summer Programs!

We are offering a number of new and exciting programs to begin this summer. Here are the available options.

### **Morning Program:**

Focus & Friends- Provides fun and challenging ways to build attention, memory and listening, and activities to build self-esteem and friendship skills. This is a structured group for students completing 2nd through 5th designed to enhance children's attention, self-regulation, and social skills.

*Times: Monday-Thursday, 9am-12pm beginning June 17th or July 15th in the Carrollwood Office*

### **Afternoon & Evening Programs:**

Social Steps- Climb the social steps to success! This is a structured group for students completing the 4th and 5th grades designed to help navigate relationships with their peers and learn strategies to assist them as their middle school years are fast approaching. Sessions include peer interaction, games, and guided discussion.

*Times: Monday 4pm-5pm beginning June 17th in the Carrollwood Office*

Managing Middle School Madness- Middle school girls are bound to come in contact with issues such as bullies, social media nightmares, and body image struggles. This group is a semi-structured small group designed especially for middle school girls to build confidence and coping skills that will help them to successfully navigate these tough years.

*Times: Mondays 5pm-6pm, beginning June 17th in the South Tampa Office  
Wednesdays 6pm-7pm ongoing in the Carrollwood Office*

Reflections- Is your daughter struggling with identity, stress and pressure, and relationships? Reflections is an open-ended process group for girls in grades 8-11 who would benefit from having an emotionally safe place to connect with their peers. Each week new topics will be explored that are relevant to high school girls.

*Time: Mondays 7pm-8pm, beginning June 17th in the South Tampa Office  
Wednesdays 5pm-6pm, beginning June 19th in the Carrollwood Office*

Please call our office for scheduling

A full description and pricing of each program can be found on these flyers.

[Morning Program Front](#) [Morning Program Back](#)

[Afternoon/ Evening Program Front](#) [Afternoon/ Evening Program Back](#)

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## *From the RPG Blog*

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### **What is "Processing Disorder? Does it even exist?"**

Our latest blog delves into the elusive term "Processing Disorder" which is often used by mental health professionals to describe a variety of issues. We break down its identity into categories to better identify the specific areas that can be improved upon.

You can read the full entry on our website, or by clicking [here](#)

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...or follow us on Twitter

@RicePsychology

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## Lily Update

For those of you who follow us on facebook, you may have seen the recent photo of Lily after an allergic reaction. We want to inform you that after a few days of rest and taking her medicine she has made a full recovery and is back and active in the office working with clients.



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## Victory Quotes

**We love to hear from you!**

"My son got "off track" last year in 8th grade. When speaking directly to him, he had a confused, vacant look of not registering what was being asked of him. Consequently, his grades plummeted. Wendy worked with him in therapy and he also did Brain Train. He is currently in 9th grade, and has all A's in his honors and AP courses!"

*-Mother of a current 9th grade boy*



Find more success stories on [www.RicePsychology.com](http://www.RicePsychology.com)

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## About Us

Rice Psychology Group is a Tampa-based private practice that provides comprehensive psychological services for children, adults and families. RPG offers consultations and diagnostic interviews, testing and assessment, psychotherapy, cognitive and working memory training and organization coaching. The psychologists at RPG utilize a variety of approaches to address depression, anxiety, ADD/ADHD, disruptive behavior, relationship, learning and many other mental health issues. The group was founded by Dr. Wendy Rice who opened her private practice in Tampa in 2001.



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[CONTACT US TODAY](#)



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Try it FREE today.