



December 2012 Newsletter

Happy Holidays!

RPG in the News

What has Dr. Rice and her team been up to lately?

Happy Holly Days!



It was a fantastic day for crafts-galore, an ugly sweater contest, live musical performances, tree-lighting and a visit from the jolly man himself, Santa at the Happy Holly Day event (a community festival celebrating all winter holidays with the Northdale Civic Assoc., OWL's, Hillsborough County Parks & Recreation, BNI, CABA and CNACO)!

RPG brought to their creative-table donut snowmen...yum; an amazing enter-to-win package and Canine Assistants, Milo and Lily to entertain children and families.

We want to thank the Huntington Learning Center and ZunZun Therapeutic Care for their contribution to our enter-to-win, as well as everyone who stopped by to visit. We had a great time being a part of this day!



Making the Grade

Class Act

Group therapy is an ideal way to learn, connect, interact in a social environment, build friendships and practice social-emotional skills for children of all ages. At RPG, all groups

meet with a licensed psychologist to help children learn and engage in order to not only succeed in life, but to enhance their EQ (Emotion Quotient).

We have just posted our schedules for [Social -Emotional Groups](#):

- [Social Steps](#): January 14th to March 18th | 10 Weeks
- [Managing Middle School Madness](#): January 16th to March 20th | 10 Weeks
- [Reflections](#): Ongoing | Please contact [Christine](#) if you are interested in this group.

All on Board!

Dr. Rice was the first to pioneer the use of [Brain Train](#) software for Cognitive Training in Tampa. Since then, the program is one of the best tools for cognitive training in the area. Find out how Brain Train helps with attention, memory, abstract reasoning and problem solving.

From **January 1st - 31st**, we are offering **FREE** Brain Train consultations. If you are interested in scheduling an appointment, please contact us to find out how Brain Train may just be the best fitness program for your brain!

From the RPG Blog

Family + Holidays = Stress



We all have them...the overly critical in-law. The eccentric cousin. The overbearing mother. The flaky sister or brother-in law. And they all come to visit during the holidays for weeks on end. How can you keep your cool while enjoying time with family this season? We have [6 tips to help you de-stress](#) by using cognitive behavioral therapy; turning time with family from irritating to carefree.

Victory Quotes

We Hear You!

What do people have to say about Dr. Rice?

- *Excellent. Helpful Info! Wonderful presentation.*
- *Lots of helpful information. Lots of comfort.*



About Us

Rice Psychology Group is a Tampa-based private practice that provides comprehensive psychological services for children, adults and families. RPG offers consultations and diagnostic interviews, testing and assessment, psychotherapy, cognitive and working memory training and organization coaching. The psychologists at RPG utilize a variety of

approaches to address depression, anxiety, ADD/ADHD, disruptive behavior, relationship, learning and many other mental health issues. The group was founded by Dr. Wendy Rice who opened her private practice in Tampa in 2001.



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