



April 2013

RPG in the News

What have Dr. Rice and her team been up to lately?

Study: More Kids are Being Diagnosed with ADHD

Dr. Rice met with Tonya Arja of Fox 13 News a few weeks ago to discuss the rise in ADHD diagnoses amongst children today. Eleven percent of all school-age children have been diagnosed at some point in their life, and two-thirds of them are on behavior modification drugs. This is over a fifty percent increase from a decade ago. Dr. Rice suggests that treating ADHD shouldn't just involve medicine, that working with these children to develop appropriate behavior modification strategies is just as important to achieving long-term success.

[Click here to read the article in its entirety.](#)

Travel time!

Wendy has had the opportunity to take a few trips in the past month.

First, in late March, Wendy went to California for the Promises Professional Weekend hosted by [Promises Malibu](#). Promises encompasses a range of treatment centers that address a wide-variety of serious issues such as addictions, trauma, women's issues and impaired professionals by providing unique and individual care for everyone who attends. Though it is never the goal for someone to attend one of these treatment centers, Promises is an amazing place for people to get their life back on track. Wendy enjoyed meeting many professionals in the field of mental health from across the country during her stay, and relished in the scenic setting of Malibu California. A personal highlight from the trip, a special encounter with domesticated wolves!

Last weekend Wendy went to Nunnally, Tennessee to visit The [Recovery Ranch](#) (aka: The Ranch), which focuses on holistic methods to treat a variety of disorders. One unique aspect of The Ranch is their experiential approach to treatment which involves using equine therapy, high ropes courses and team-building, yoga and even a sweat lodge (not an exhaustive list). Wendy had a wonderful time participating in equine-therapy, spending several hours in a sweat lodge, and even jumping off a dam; not to mention the many friendships and professional contacts she walked away with.

Both of these trips were made possible by the generosity of Elements Behavioral Health.

Check out some photos from her trips:



Don't forget to sign up for our Summer Programs!

We are offering a number of new and exciting programs to begin this summer for schoolchildren of all ages. Take a look [here](#) for a full description of each program and call our office today to reserve your spot. they're filling up fast!



Don't forget to "like" us on facebook...



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Victory Quotes

We love to hear from you!

"Thank you so much for your enlightening presentation on tantrums. The information and strategies you provided helped me not only to find better ways to handle tantrums when they occur but more importantly to better recognize the situations and circumstances that may cause them... Parenting a strong willed child can be exhausting and your presentation gave me just the boost I need!"

-Mother of three...ages 9,6 and 5"



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About Us

Rice Psychology Group is a Tampa-based private practice that provides comprehensive psychological services for children, adults and families. RPG offers consultations and diagnostic interviews, testing and assessment, psychotherapy, cognitive and working memory training and organization coaching. The psychologists at RPG utilize a variety of approaches to address depression, anxiety, ADD/ADHD, disruptive behavior, relationship, learning and many other mental health issues. The group was founded by Dr. Wendy Rice who opened her private practice in Tampa in 2001.

Let us know if you would like Dr. Rice or a member of the RPG Team to speak at your next meeting or event.



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